**Regional Cross Country Meet**

**Friday & Saturday Oct 31st – Nov. 1st 2014**

**Travel Schedule: -**

**Friday:**

8:45 – Load Bus

9:00 – Depart from Westlake High School

11:00 - Lunch Stop in Waco (1)

11:45 – Depart for Lynn Creek Park (2)

2:45 – Warm Up & Packet pick up

4:00 – Depart for Hotel – Hampton Inn (3)

4:45 – Check in for Hotel & Shower

5:30 – Depart for Dinner (4)

6:00-7:00 – Dinner

7:15 – Movie (5)

9:30 - Team Meeting

10:00 - Lights Out

**Saturday:**

5:00 - Wake up calls - breakfast & morning walk

5:30 - Breakfast

7:00 - Depart from Hotel

7:30 - Arrive at meet & walk course

9:00 - Girls Varsity Race

9:30 - Boys Varsity Race

10:30 – Return to hotel to shower

11:45 – Depart from hotel

2:00 – Lunch Stop in Waco

5:00 – Arrive at WHS

1. **Waco – Torchy’s Tacos –**

801 S 5th St, Waco, TX 76706  
(254) 732-1445

1. **Lynn Creek Park**

5610 Lake Ridge Parkway

Grand Prairie, Texas 75052

1. **Hampton Inn & Suites**

1640 Highway 287N

Mansfield, Tx

1-817-539-0989

1. **Jason's Deli**

951 Interstate 20 Frontage Rd #109

Arlington, TX 76017

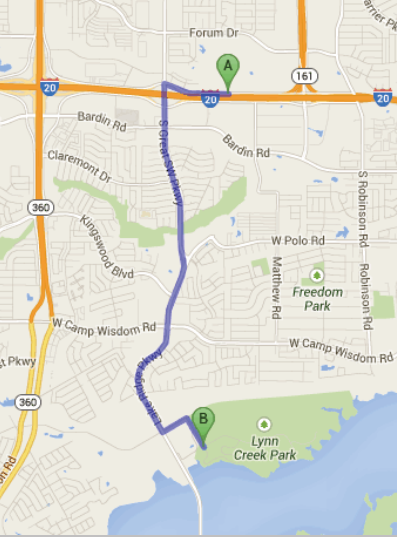
1. **AMC The Parks At Arlington 18**

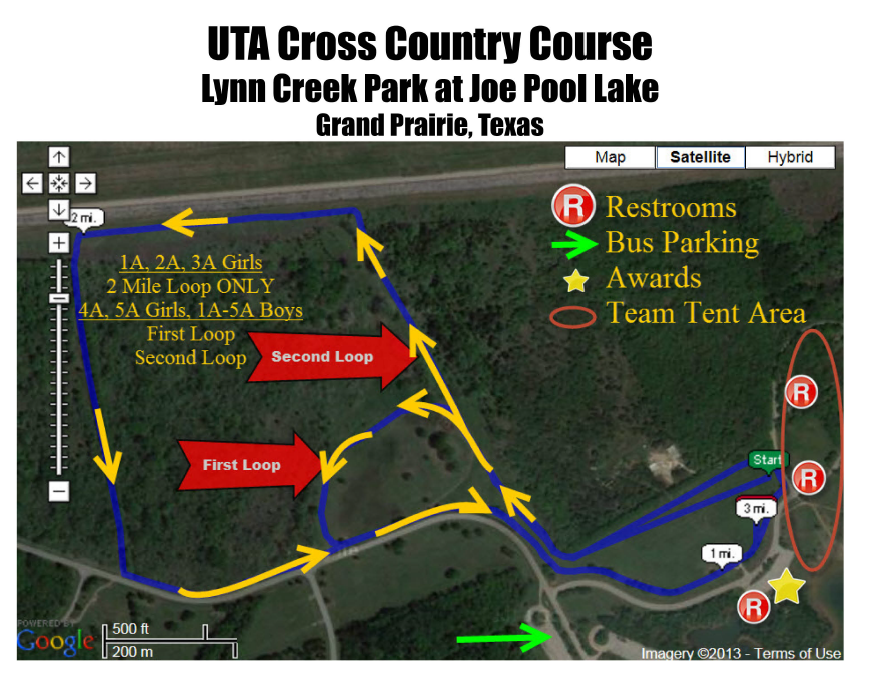
3861 S Cooper St

Arlington, TX 76015

**Directions:**

****

****

****