**Meet Schedule 2018 Boys and girls Cross Country**

**July 31st – First Day of Practice - WHS – 7:00 am – 2 mile time trial**

**August 9th – Practice at Old Settlers Park**

**August 16th – Last Time Trial**

**August 24th – Vista Ridge Invitational – Non Top 14**

**August 24th (F) – Friday Night Lights – Top 14 - Woodlands**

**August 31st (F) – Chap Invitational – SE Metropolitan Park - Del Valle – All Athletes**

**September 6th Midway Invitational top 14**

**September 8th – St. Andrews - All Athletes**

**September 15th – Cedar Park - – All Athletes**

**September 21-22– Islander Splash – Regional Course - Top 14**

**September 29th – McNeil – Old Settlers Park – All Athletes**

**October 9th – District Meet - Old Settlers Park – All Athletes**

**October 22rd (Mon) – Region IV XC Meet – TOP 7**

**November 3rd – State – Qualifiers**

**November 17th – Nike Cross Regionals - Woodlands**